

DON'T LET THEM, Seskin/Accattatis 2003

I don't think it's cool
I'm not gonna buy it, and not unless I try it
I can decide without you telling me the things you say I need
You may be smarter, taller, got more power, cuter, richer, doesn't matter
None of that by default make you wiser
I work, I pay, I think, I try, like everyone these are my rights
And I must tell myself this every day

Don't let them tell you what to say
You're thinking it anyway
Stand up and speak your mind every time
Don't let them take it away

The pressure from my peers alone
Makes me want to run and hide and apathetically escape the nothing I can do situation
Let someone else feed me what's right like a little baby
It would be so comfy cozy easy
So I must tell myself this every day

CHORUS

But I'm weak
I just want to be a sheep
Follow the herd then get my sleep
Do what I'm supposed to do
Just fall in line, not look behind, watch out for mine
Life would be fine - if I were blind



LOVE THE BEAT

Seskin/Accattatis 2003

Yesterday night I got ready. Now yesterday is done
Don't know how one night turned into all night long
Now the moon is gone, it's down, the only song being sung is by the birds
Soon the streets, they will be hoppin' and you'll be off to work

I did it again and I just can't stop
The house is still a mess and I guess it's my fault
'Cause I gotta go out where the music is poppin'
I can't help myself, wanna bop 'til I drop

Cause I love the beat
Gotta move my feet
Gotta bump bump move
Wanna touch the groove
I love the beat
Gives me funky feet
And they jump until the sun comes up

Tonight in about 12 hours, I'll be good to go again
But tonight, yea, I know I promised that we would stay in
Watch movies, eat some popcorn, snuggle and just hang around
But if you think I can really do it, well, you're probably wrong [high girl only]

'Cause I gotta get to where the music is poppin'
Can't help myself, and I don't wanna stop
If I did I'd lose my soul
I'd be down like a frown, I'd be instantly old

Cause I love the beat
Gotta move my feet
Gotta bump bump move
Wanna breathe the groove
I love the beat
Gives me funky feet
And they jump until the sun comes up

'Cause I gotta get to where the music is poppin'
Can't help myself wanna rock 'til I drop
The blood in my veins moves to the key of A
If I don't tune in then how will I stay sane?

Yea, I love the beat
Gotta move my feet
Gotta bump bump move
Wanna eat (smell, chew) the groove
I love the beat
Gives me funky feet
I love the beat
Yea I love the beat



When I Wake Up
Music by Kim Preston/S. Seskin 1999
Lyrics by Stefanie Seskin

Why did your friend show up again?
I wanted time to spend with you
Pull you aside, you say "what's the big issue?"
"Whatever" is your favorite word
I fume, you shrug it off and smirk
I wanna talk some more, you say "what for?"
Why must you be so typical?
How do you make me hysterical?
Then turn it around and charm me 'til I'm calm
How did I end up smiling?
How did it turn to desiring?
How do you make me stay and stay and stay?

CHORUS:

Your arms are where I want to be
For the rest of my nights when I lay me down to sleep
Your eyes are what I want to see
For the rest of my days, when I wake up in the morning

You can be such a cloudy day
Starting such storms, we're both insane because
The rage we made is now blowing the house away
Instinctively you reach for me
And I accept your protection
And I forgive forget your flaws again again

CHORUS

How did we end up this way?
So many times I've wanted to go but I stay and stay and stay

CHORUS



Dig My Hands by S. Seskin 2004

In my dream there's ice cream
My candyland with all my bestest friends
Then it's night and I go to sleep
And dream of being big
I rise from my dream within a dream
Force myself back to reality
To be rational and sensible
But madness surrounds me

Wanna dig my hands in the dirt, move it all around
Stir is up, toss in seeds, add water and sun
Wanna dig my hands in the dirt, move it all around
Grow some awareness, grow a world that makes sense

I dream there are no colors
Everyone's the same
Even though we're different
Same colored bones, same colored warm blood in our veins
I dream that this matters
And everybody knows
So there's no crime, no wars because loves fills the world

And then I wake up
But can't look around
'Cause I'm distracted by the factions trying to make up mind
Gotta sort it all out, take a stand
But my dreams are so much better



THE LUCKY ONES (S. Seskin)

I heard someone got struck by lightning twice but it wasn't me
I've got a disaster magnet life but it's changing
I know because my horoscope said so
It read, "Pisces, good times ahead. It's stopped raining"
So I called a number from the tv to confirm the truth
A psychic on the line assured me that my fortune looks good

So as I shuffle along with 8 bucks in my bag
Just missing the bus, I don't get mad
'Cause I got a brand new scheme
And this time, it'll change everything

CHORUS:

I'm gonna be one of the LUCKY ONES
Tomorrow the mailman's gonna bring me a big fat check from a mystery someone
I'm gonna be one of the LUCKY ONES
I can gamble my life away, 'cause, see, with me it's gonna pay one day

I hear destiny isn't set in stone - Well that's so nice
'Cause if things went the way they've always gone
It just wouldn't be right
See, the other scheme failed but I don't scream or shout
I got a new lead & it's gonna work out
It only costs ten and I got thirteen
Gonna send it out and see the money roll in

CHORUS

I'm gonna work real hard (work real hard)
Then wait for mine to come (wait for mine to come)
I'm gonna have a life without so many constant nagging problems
I'm gonna shine so bright (shine so bright)
The devil's gonna run (the devil's gonna run)
I'm livin' in the yet to come 'cause that's when life will be fun

CHORUS

One of those people who always gets the train on time
And never has to wait on line
One of those bubbly bouncy types
Attracting fortune left and right
One of those charmed life have-it-alls
The kind the interviewer always calls
One of those who gets a break for once, for once, for once, for once

CHORUS



Dance, Dance, Dance (Seskin 2000)

If you wanna party
you don't have to worry
no place special you need to go
All you need is music
Groovin' music
then turn the lights down real low

So let's party
No need to worry
nothing special you need to wear
And we got the music
Dancin' music
So get out your chair, throw your hands in the air!

Yeah - get up, get down
Move your body around to the music
and Dance, Dance, Dance, Dance
Get up, get down
Get into the sound of the music
And DANCE, DANCE, DANCE

So you like the party
Well, it's just starting
no place better to be right now
'Cause we got the music
Movin' music
and we see that you like the sound

Everybody's shining
Everybody's smiling
What a beautiful sight to see
So next time you party
Please invite me
You know how to make such a happenin' scene

CHORUS

So just move your body and let all your worries go
It just feels so good, won't you get into the flow
And if you miss a beat your feet will forgive you
Dance with me before the night is through

CHORUS

Feeling too tired - no!
Feeling so, so lazy? - no!
time to go home now - no!
Then let's get crazy
REPEAT



GIMME MORE TIME Seskin/Accattatis 2004

Don't dare tell me I'm whining, it's not like I'm pining, I haven't been crying
I just think you're due for some now before you break down, tired & old

You know you're running just a little too fast
This kinda crazy pace just can't last
And while I do like hanging with my friends, it's just not the same when you're not there

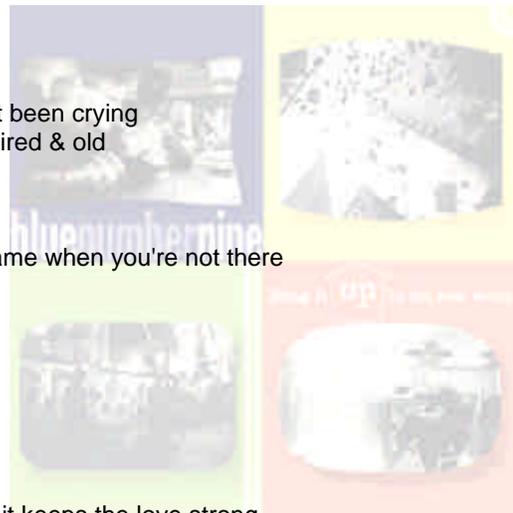
You gotta gimme more time 'cause I need it
And you know you need it, too, so what's keeping you?
You better gimme more time 'cause I need it
My body's achin', heart is breakin' 'cause I'm missing you

If you think that it's healthy just tryin' to get wealthy
You've got it all wrong
We all need time with each other, it's called sharing love and it keeps the love strong
If you think that I'm being bossy or much too demanding
It just isn't true
Because it's not just about my needs, slow down and you'll see that you need it too

Because you're running just a little too much
This kind of crazy race can't be won
And while I enjoy my own company it's so much better when you're with me

You gotta gimme more time 'cause I need it – ooh ooh ooh
And you know you need it, too, so what's keeping you?
You gotta gimme more time 'cause I need it – ooh ooh ooh
My body's achin', heart is breakin' 'cause I'm missing you

I used to be like you, afraid to take even a little lunch break
But working constantly is a huge mistake, you need to set yourself free before it's too late



CASTLES

Lyrics by Stefanie Seskin

Music by Stefanie Seskin, Minoru Kikuchi, 1999

How many hard ways are there to learn?
How many hard ways to know?
How many hopes can crash and burn?
How many frozen seas to follow?
Like water through a fishing net
Fortune falls through, dry or wet
And the dreams of a young girl's heart
Crackle and dry and fly away with the breeze

And then tumble – falling to the earth like autumn leaves
And then crumble – ruined CASTLES made of sand
Slip through your hands – hey hey hey hey

CHORUS:

Live for today what else is there anyway? (live for today)
It's all the same terrain tomorrow
Live for today, what else is there anyway? (live for today)
How much time is there to borrow?

How many "why's" in history
For every "I" they are countless
And the dreams of an aging world
Dissipate and soar out to the universe

And we crumble – ruined empires made of sand
And we tumble – fallen CASTLES stain the grass
Slipped through our hands – hey hey hey hey

CHORUS



Never Felt That Way
2002 –accattatis seskin

The world is made of colors, one's not better than the other
If everything were blue, than we couldn't see the sky
And just because we don't see the sky the same way at the same time
Doesn't mean that we're so different, even though in ways we are
But how could anything between us cause the world to breakdown
Shattered, it will never be the same
I blame myself sometimes, but I have to ask you ('cause I don't understand):

What could I possibly have done to make you hate me so badly
I don't know – never felt that way
What could I possibly have done to make you want to hurt me
I don't know – because I can't relate

I thought we learned to tolerate each other
That love would conquer everything in the end
'Cause just because we don't see the truth the same way every time
Doesn't mean that what the other sees is blind
I wonder how we got here was it something I forgot
I felt it coming, now it will never be the same
I blame myself sometimes, but I have to ask you ('cause I don't understand)

What could I possibly have done to make you hate me so badly
I don't know – never felt that way
What could I possibly have done to make you want to hurt me
I don't know – because I can't relate

You've taken it so far out of my comfort zone
That I'm here, I'm there, Lost everywhere, I'm dizzy, I'm spinning, who's losing, who's winning
The only thing I know is that I want good with you
Not what I did or what to do

Chorus - out



Turnpikes and parkways

Seskin,2002

A three day weekend, going down the shore to eat steamers, clams and corn and catch some rays and drink beer on the beach in the day
I picked you up at three and we were free, you hopped into my car and I sped off before you closed your door
Hot as hell, high summertime, no air conditioner in my ride, my primer coat gray hooptie made in '85
Windows down we did not care the wind it blew right threw our hair until we hit the highway and the day turned unfair

Too many cars, no scenery
Just SUV's in my way
Too many fools all racing
To get there yesterday
Too much work just to have fun
I can't see where I'm going
Fighting parkways and turnpikes is so annoying

I learned to drive defensively, apparently it's only me who signals to change lanes and thinks it means anything
A couple in a fancy car they cut me off it flipped me out, I flipped the bird I swerved away out loud I prayed thank God we're safe!

CHORUS

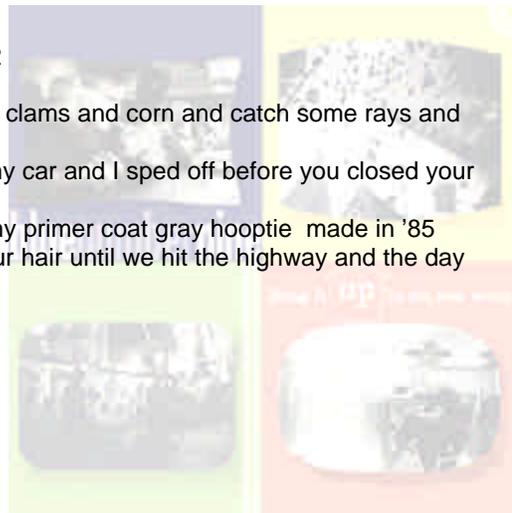
My heart was beating so fast
Vacation had started but it just couldn't last
And just when I thought all was calm
Turnpikes and parkways proved me wrong

The yuppie couple caught up next to us, they screamed and they made faces, the woman held a mineral water bottle in her hand
She pitched it like a baseball jock, it sailed right threw my window, grazed my nose then whacked you in the head and you saw stars

CHORUS 2x

Too many cars, no scenery
Death to SUV's (just oil refineries)
Too many fools all racing
To piss off you and me
Too much work just to have fun
I can't see where I'm going
Fighting parkways and turnpikes is so annoying

Another three day weekend came along
I think that it was Labor Day And this time we decided to stay home



The Grass Is Always Greener

S. Seskin

So many men to choose, seems I can't lose in love
But can't find the perfect one
I started feeling bad, so much to do in this big city
But no money; what a pity
I went to see a friend who lives in the Carribean
And he just complained about being alone
Here he was surrounded by such beauty
I though how silly
Cause I didn't wanna go home

I looked at him and said, AYou don't know what you're not missing.
Just cause they're around to date don't mean a thing.
Trade places with you. I'd rather be in your shoes.
Your life is so fine, better than mine.

The grass is always greener on the other side of your fence

Was working for a lady lawyer
We're talking mega bucks
Wish I had a portion of her luck
She had a huge house in the country, successful handsome hubby
Horses and old money
I was her secretary/servant living in my small apartment
Wishing I could make it too
And her kid made me jealous cause they travelled around the world
But none of em smiled

She'd complain about her parties and the clothes she had to wear
She'd make fun of all her cronies and their airs
She was always so afraid about losing what she had
And I thought, Alt wouldn't be so bad.

The grass is always greener on the other side of your fence

Yes, I'm talking envy
Grass is green and so is envy
Want what I don't have quite badly
Hair is curly, make it straight
And then I hurry up and wait, but it sure beats being late
I do not own a car, I do not need one but I want one
I don't care if it breaks down
Cause my feet get tired of walking and my mouth gets tired of talking
And I feel like leaving town

Like being single, want a spouse
Have an apartment, want a house
Have a schnauzer, want a shepard
Sell the cat, I want a leopard
Feeling sleepy, need a break
But there's a party, it starts late
Feeling fat but want some ice cream
Want what you got or I'll scream

The grass is always greener on the other side of your fence

The grass is always greener, guess we've all heard this before
But cliché's are fun to say so at the risk of being a bore
Once more - The grass is always greemer on the other side of your fence



I'm In Debt

Music by Stefanie Seskin, Kim Preston, Lloyd Nilsen, Jack Gourdine, Minoru Kikuchi
Lyrics by Stefanie Seskin

I'm so smart, I am a brainiac, Or at least my teachers told me that
Went to college oh so naturally
Headed for a big fat Master's Degree
Scholarships I got but I borrowed the rest
Smart me aced each paper and each test
I marched with my tassled head held high
But the job I got barely pays enough to get by

Now the banks know I've graduated
550 a month, consolidated
Can't balance my act, my focus is cash - I'm sinking fast

I'm in debt - I'm in debt
Big minus sign on my mind and a bigger hole in my net
I'm in debt - I'm in debt
And the curious thing is the worse it gets, the better my credit

'Round the time I got my first degree, a letter said "You're pre-approved!"
Started a plastic collection and my CD & shoe selection grew
Now the cards they send me come with checks
Just 5.9 percent - you bet! and no fee
I squeeze out minimum payments and continue living beyond my means

Went out on a limb and charged a PC
And now my landlord is after me
The checks are all spent, I can't pay the rent
So glad I bought that LL Bean All Weather tent

I'm in debt - I'm in debt
Big minus sign on my mind and a big hole in my net
I'm in debt - I'm in debt
Add up my assets and you'll get about 50 cents
I'm in debt - I'm in debt
If I only had a dime for every dollar that I have spent
I'm in debt - I'm in debt
And the curious thing is the worse it gets, the better my credit

I got a job, worked real hard
And there were things I had to have
Perhaps I got carried away
I bought everything I wanted now there's no way to repay
And I'm trying to control myself, I'm trying but keep buying
Can't deny myself the finer things in life that are my right
As an American - the great conspicuous consumer
Shoppin' 'til I drop

I don't care - I will declare
I don't care - I will declare
I don't care - I will declare
I don't care - I will declare

